

Roland's Courses

A mix of lessons from the different groups can be selected to meet your needs.

Courses are open to all those interested in covering the subject matter be it for awareness, oversight, refresher, or learning.

Courses are classroom-based and consist of a series of lectures, that are organised according to your requirements. There may be an element of role play or the use of an outside area dependent upon what is being covered.

DURATION: Individual lessons are normally around 45 minutes in length duration, though this is not fixed and is determined by the pace of the class and question and answer time, when given as a group, the number of lessons given in sequence will be that as requested by the client.

LOCATION: This course takes place at the venue of choice of the Client.

EQUIPMENT: If the course is taken at the location of the client or a venue they have organised, a projector and speakers, a suitable screen together with Wi-Fi would be needed.

INSTRUCTORS: I normally conduct all the lessons myself, but also happy to fit into any concurrent training taking place with others and slot into the planned curriculum and timetable

ATTENDEES: Classroom capacity.

PREREQUISITES: None

Rolands Lesson, Overview
Awareness of weapons and munitions
Weapons
Introduction to weapons and ordinance 1
Introduction to weapons and ordinance 2
Introduction to weapons and ordinance 3
Introduction to weapons and ordinance 4
Munitions Safety 1
Munitions Safety 2
Bomb Awareness
BA 1 IED's
BA 2 Convoy attack
BA 3 Bomb threats, considerations, searching
BA 4 Searching cont., actions on the phone.
Business
Business Principles and Practice
Bu 1 Steps to setting up a business 1 -23
Bu 2 Steps to setting up a business 24 - 46
Building a company First year reflections 1 Foundations and steps 1 – 3 of 10
Building a company First year reflections 2 Steps 4 - 10
Ethics Hierarchy 1 Culture Core Values Vision Individual Behaviour Legal Mission Statement
Ethics Hierarchy 2 Internal Vision Staff rules and regulations
Corporate Governance 1 8 factors, the 4 P's, Examples
Corporate Governance 2 Key Players, Practices, Objectives, and Goals, one company's 8 key practices.
Corporate Governance 3 8 key practices, What Else, Ethical issues, Issues, The King Code

Saturday, 27 January 2024

Change Management
ChM 1 Change Overview/Leadership
ChM 2 Change Strategy
ChM 3 Communicating the reason
ChM 4 How to communicate
ChM 5 Strategic planning
ChM 6 Strategic planning
ChM 7 Tools
ChM 8 McKinsey's 7s approach
Chemical
Chemical Weapons
Introduction to Chemical Weapons 1
Introduction to Chemical Weapons 2
Introduction to Chemical Weapons 3
Personal Protective Equipment (PPE)
PPE 1 Terminology IDHL Masks APR SCBA
PPE 2 Canisters
PPE 3 Gloves Boots Suits
PPE 4 Protective Clothing Levels
Decontamination
Decontamination 1
Decontamination 2
Decontamination 3
Command and Control, Crisis Control, Risk and Change Management
Capacity Building
Capacity Building 1 Why
Capacity Building 2 Why
Capacity Building 3 Getting started
Capacity Building 4 Setting up
Capacity Building 5 National examples
Capacity Building 6 National examples
Capacity Building 7 Tools
Capacity Building 8 Special Features and Requirements in a Chemical Incident
Incident Response and Integrated Command Structure 1
Incident Response and Integrated Command Structure 2
The Command Post (For team leaders, sub-team leaders, watchkeepers, and logistics)
CAC 1 Overview and considerations
CAC 2 Command post operations/manning
CAC 3 Communications
CAC 4 The NATO phonetic Alphabet
CAC 5 How to speak on the radio
CAC 6 Logistics
CAC 7 Protection and site management
CAC 8 Your goals
The orders process (For team leaders, sub-team leaders)
CAC 9 Overview of do's, do not's, factors, and considerations
CAC 10 Orders prelims and reconnaissance appreciation
CAC 11 Orders, subjects to cover
CAC 12 Briefing and Debriefing
Crisis Management
Strategic Overview. (Gives senior management insight into the processes the teams should use)
CM 1 What are crisis management strategies, the importance of crisis management strategies and how to build.
CM 2 A strategic approach to crisis management, crisis prevention as a strategic approach to crisis management.

CM 3 Models and theories to improve crisis management
CM 4 Models and theories to improve crisis management continues.
The Plan (How to set up your plan of action and what not only to do, but also avoid, intended for Crisis team leaders and teams)
CM 5 Components of a crisis management plan
CM 6 Crisis management risk plan detail.
CM 7 Examples of bad management and the first of the 5 costliest mistakes
CM 8 5 of the costliest mistakes
CM 9 Best practice
Communications (Teaches team leaders and members how to communicate in a crisis)
CM 10 Communication in a crisis
CM 11 Communications continued
CM 12 Communications and Review
CM 13 Examples of good and bad social media
The Team (A guide for those selecting team leaders, team leaders and those about to be team leaders)
CM 14 The Leader
CM 15 The Leader
CM 16 The Leader, 6 principles
CM 17 Crisis Manager role and team
CM 18 Problems
CM 19 Crisis management team checklist
Business Continuity (An overview for all)
CM 20 Business Continuity 1
CM 21 Business Continuity 2
Risk Management
Risk Management 1 Risk management process, Step 1
Risk Management 2 Step 2 and Step 3
Risk Management 3 Step 4
The Press
TM1 Who are the media and what makes a good story
TM2 What to people want, 10 objectives, organisational procedures, team procedures, individual responsibilities.
TM3 Do's and don'ts, the paparazzi, creating the correct impression, handling the interview.
Urban Rescue Lessons and Disaster Logistics
Urban Rescue
UR 1 Overview and the 5 stages of rescue, PPE, Do's & Don'ts
UR 2 Electricity, water, gas, telephone lines, doors, closed spaces, ringing beam, debris.
UR 3 The 5 stages of rescue in depth, look forward at new technology
Disaster Logistics
DL1 Planning
DL2 Logistics Overview
DL3 Checklists Air
DL4 Checklists continued Ship
DL5 Road
DL6 Rail
DL7 Warehousing
Crime
Crime Scene
CS 1 Examination of the Crime Scene Checklist
CS 2 Examination of the Crime Scene the Team
CS 3 Examination of the Crime Scene Key Roles
CS 4 Examination of the Crime Scene Key Roles
CS 5 Examination of the Crime Scene Photography

CS 6 Examination of the Crime Scene Video and sketch
CS 7 Examination of the Crime Scene the Ground
CS 8 Examination of the Crime Scene Death Scene Examination
CS 9 Examination of the Crime Scene searching
CS 10 Searching continued.
CS 11 Release of the scene.
Evidence
Evidence - Area Collection ICTY
Evidence 1 Types
Evidence 2 Collection and Preservation of Evidence part 1
Evidence 3 The Body
Evidence 4 Entomological Data
Evidence 5 Cars
Evidence 6 Weapons
Evidence 7 Controlled Substances
Evidence 8 Fibers and Threads
Evidence 9 Flammable Liquids
Evidence 10 Glass
Evidence 11 Questioned Documents
Evidence 12 Tools
Evidence Handling
Introduction to Evidence Handling part 1
Introduction to Evidence Handling part 2
Introduction to Evidence Handling part 3
Profiling
Criminal
Racial 1
Racial 2
Racial 3
Electronic Crime and Money Laundering
Electronic Crime and Money Laundering 1
Electronic Crime and Money Laundering 2
Electronic Crime and Money Laundering 3
Fraud 1
Fraud 2
Fraud 3
Fraud 4
Fraud 5
Fraud 6
Decision making, Emotional Intelligence and Listening
Decision Making
Decision making 1 Factors, Decisions, Repercussions, Implications, Issues, 6 steps.
Decision making 2 Steps 2 - 3
Decision making 3 Steps 4 - 6, key points.
Strategy
Emotional Intelligence
Emotional Intelligence 1 The 9 types of intelligence
Emotional Intelligence 2 Factors
Emotional Intelligence 3 Factors
Listening
LS 1 Communication Purpose Why Overall Strategy Body Language
LS 2 Challenges Barriers Effective Listening
LS 3 Business The 3 M's How great leaders listen Elon Musk

LS 4 The 10 principles of listening and recap
Health and Safety
Fire safety
FS 1 General fire safety, what must I do, the law, dangerous substances, hazards, points to remember?
FS 2 Dangerous substances, liquids, dusts, gasses, solids.
Health and Safety Plan
Health and Safety Plan From start to finish.
Health and Safety in the field
Health and Safety in the field 1 Background, water
Health and Safety in the field 2 Accommodation, driving, work, fuel, equipment, people, street wise.
Health and Safety in the field 3 Sanitation, hygiene, medical, team
Health Safety and Security
Health, Safety and Security 1 Responsibility, preparation, communications, hotel.
Health, Safety and Security 2 Safety, work, driving, people.
Health, Safety and Security 3 Medical, eating, alcohol, risk assessment.
How to handle an emergency 1
How to handle an emergency 2
Industrial Safety
IS 1 Good housekeeping, slips, trips, and falls, lifting.
IS 2 Working at heights, ladders
IS 3 Forklifts
IS 4 Machinery and electrical
IS 5 Gas
IS 6 Motor vehicle, signs, confined spaces,
Maintenance
Occupational Health and safety training
Occupational Health and Safety training. How to write your policy, managing risks, training, first aid, insurance.
Logistics
Accommodation
Accommodation 1 Considerations
Accommodation 2 Health and safety
The storage of dangerous goods in a Chemical Warehouse
Chemical Warehouse 1 Legal Requirements and Hazard Classification
Chemical Warehouse 2 Dangerous Goods Classification
Chemical Warehouse 3 Risk Assessment
Chemical Warehouse 4 Receipt of goods
Chemical Warehouse 5 Handling and Transport
Chemical Warehouse 6 Security
Chemical Warehouse 7 Maintenance and Modifications
Chemical Warehouse 8 Storage of Hazardous waste
Chemical Warehouse 9 Spillage control, Health Considerations, PPE
Chemical Warehouse 10 Hazardous Area Classification
Chemical Warehouse 11 Emergency Arrangements
Chemical Warehouse 12 Emergency Procedures
Medical
LAB 1 Background overview and Health and safety management, risk assessment.
LAB 2 Biological agents and containment levels.
LAB 3 Buildings and accommodation.
LAB 4 SOP's and safe working practices, PPE.
LAB 5 Blood borne infections.
LAB 6 Handling specimens.
LAB 7 Automated lab. Equipment.
LAB 8 Microbiological safety cabinets and autoclaves.

LAB 9 Labelling, transport, and reception of specimens.
LAB 10 Cleaning, decontamination, waste, and staff training.
LAB 11 Health surveillance and immunisation
LAB 12 Incidents and accidents
LAB 13 Measuring, auditing, and reviewing performance
LAB 14 Microbiological safety cabinets
LAB 15 Disinfectants and disinfection in the clinical laboratory
LAB 16 Packaging requirements for some diagnostic specimens
LAB 17 Staff safety guidelines
LAB 18 Staff safety guidelines
LAB 19 Staff safety guidelines
CDAO 1 Controlled drugs accountability officer, an overview.
SHOCD 1 Safe handling of cytotoxic drugs in the workplace, an overview
TBA 1 Transporting biological agents, an overview
Virus 1 Introduction, 10 threats to mankind
Virus 2 Pandemics, Virus
Virus 3 Cleanability
Virus 4 10 top tips for dealing with a virus.
Leadership and Teamwork
The leaders of tomorrow
TL 1 What kind of leader do we want.
TL 2 4 rare skills
Teamwork
T 1 Teamwork, team development, why teams fail.
T 2 Tips for effective teamwork and the team leader.
T 3 Task functions, a scrum team, some questions.
22 qualities of great leaders 1 1 -12
22 qualities of great leaders 2 13 -22
Confrontation Do's and Don'ts
How to manage the boss.
Increasing Productivity and Motivation 1
Increasing Productivity and Motivation 2
Managing a diverse group
Refining the Art of Delegation
The Grapevine
Using Praise to Get Results
Values and Leadership Principles
Rank The Military system
Security
Airport Security
Airport Security 1
Airport Security 2
Airport Security 3
Airport Security 4
Airport Security 5
Convoy Drills
Convoy Drills 1
Convoy Drills 2
Cyber Security
CS 1 Introduction
CS 2 Layered security
CS 3 The rise of mobile work
CS 4 Frequently used policies

CS 5 Security scanning
CS 6 Security Practices
CS 7 Security Practices
Security
Security 1
Security 2
Security 3
Security 4
Security 5
Security 6
Security 7
Security 8
Security 9
Facilities Manager Security Guidelines
Of interest 🗨
Terrorism
Terrorism 1
Terrorism 2
Terrorism 3
Terrorism 4
The Palma Attack 1
The Palma Attack 2
The Palma Attack 3
The Palma Attack 4
The Palma Attack 5
The Palma Attack 6
Character Assassination
Character Assassination 1
Character Assassination 2
Character Assassination 3
Deception
Deception 1
Deception 2
Deception 3
Deception 4
Intelligence Gathering
Intelligence gathering 1
Intelligence gathering 2
Rumours
Rumours
Propaganda
Propaganda 1
Propaganda 2